

# Festive travelling



## How to stay safe when driving during Christmas and the New Year

As the festive period makes our roads busier than ever, so does the amount of incidents and injuries occurring from reported drink or drug driving events.



### Vehicle condition

Is your vehicle fit for the road? Carry out pre-drive checks, garages **offer free safety winter checks**.

## Things to remember when driving during the festive period



### Journey planning

Plan your journeys in advance and consider changing weather and traffic. Always use main roads where possible.



### Fatigue awareness

Don't drive tired. Fatigued drivers take longer to react to hazards. Take breaks and share driving when on journeys.



### Are you fit to drive?

If you are drinking alcohol or have taken any medicines that make you drowsy, you should not drive. Ask someone to drive for you.



### Christmas trees

If you're picking up a Christmas tree, ensure it's securely tied down, or that your vehicle is large enough to fit one.

## Important things to remember

- If you've had a few drinks the night before, you could still be over the limit the next morning
- Always wear your seat belt, including when in taxis. It could save your life or reduce injuries if you're involved in a collision
- Slow down and don't rush journeys - it's not worth the risk.
- Don't allow yourself to become distracted when driving with your phone, Sat Nav or with others in the vehicle
- If you have made a travel essentials checklist - **always check it twice!**

## Understand alcohol unit amounts



Click the button below to use a unit calculator

[Click here](#)



According to the RAC, you're **50% more likely** to break down at home during the winter than in the summer. Many garages offer **free winter safety checks** so get your vehicle checked to ensure that it is safe and ready for winter.

